

SOURCE: U.S. Department of State-Bureau of Consular Affairs
CDC
World Health Organization
UNC System

MESSAGE: Fayetteville State University continues to monitor the Coronavirus Outbreak. If you are a Fayetteville State Employee or Fayetteville State Student traveling from China, then take the following actions:

Contact your supervisor, professor, or advisor to alert them that you are returning or have returned from China. The airport screening stations should have cleared you to enter the United States and provided you with guidance for monitoring your health over the next 14 days. Keep readily available the documentation you received from the airport screening station. If you are a student, then report to Student Health Services or call (910) 672-1259 during the hours of 8AM to 5PM Monday through Friday. Employees should inform their health care provider that they have returned from China and they should coordinate with their supervisors and Human Resources.

Watch for any changes in your health for 14 days after leaving China.

- Apply self-monitoring measures over the next 14 days, to include taking your temperature.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available

If you develop a fever or a cough or have trouble breathing during this 14-day period, take the following actions:

- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Avoid contact with others if you are becoming symptomatic
- Do not travel while you are sick

If you are travelling to China, then see the following information:

Chinese health officials have reported thousands of cases of novel coronavirus throughout China, and the outbreak continues to grow. The Department of State has requested that all non-essential U.S. Government personnel defer travel to China due to the novel coronavirus. Travelers should be prepared for travel restrictions to be put into effect with little or no advance notice.

If you must travel to China, you should:

- Avoid contact with sick people.

- Discuss travel to China with your healthcare provider. Older adults and travelers with underlying health issues may be at risk for more severe disease.
- Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Do not travel to Hubei Province
- Reconsider travel to the remainder of China